

# SIGNS OF NEURO-DEVELOPMENTAL DELAY

- Dyslexia or Learning Difficulties, especially reading, spelling and comprehension
- Poor written expression
- Poor sequencing skills
- Poor sense of time
- Poor visual function/processing skills
- Slow in processing information
- Attention and concentration problems
- Inability to sit still/fidgeting
- Poor organizational skills
- Easily distracted and/or impulsive
- Hyperactivity
- Hypersensitivity to sound, light, or touch
- Dyspraxia/Speech problems and Language delays
- Motor, co-ordination and balance problems
- Poor posture and/or awkward gait
- Poor handwriting
- Poor spatial awareness
- Poor hand-eye co-ordination
- Poor gross and fine motor skills
- Difficulty learning how to swim/ride a bike
- Clumsiness/accident prone
- Slow at copying tasks
- Confusion between right and left
- Reversals of letters/numbers and midline problems
- History of difficult birth
- History of brain injury or damage
- Quick temper/easily frustrated/short fuse
- Bedwetting past 5 years of age
- Motion sickness
- Can't cope with change/must have things a certain (their) way
- School Phobia
- Poor motivation and/or self esteem
- Depression, anxiety or stress
- Behavioral, self esteem and motivational problems associated with the above

If you recognize and/or are concerned about any of the listed areas then it is worth discussing them with a trained Neuro-developmental therapist.